



LOWER LIMB SYMPOSIA

Basic

KNEE WORKSHOP

Sir Ganga Ram Hospital
New Delhi

Sunday, 19th March 2023

All Round ACL-Recent Advancement



SMAV 2023

Organised By

SS Foundation

with

Sports Medicine Unit

Department of Orthopaedics

SIR GANGA RAM HOSPITAL

In Association with

Delhi Orthopaedic Association

Indian Federation of Sports Medicine

&

Indian Arthroscopy Society



ARTHROSCOPY

19th Sports Medicine & Arthroscopy Workshop



Dear Friends

We at Sir Ganga Ram Hospital invite you all to **On-site 19th Sports Medicine and Arthroscopy Workshop** on Sunday, 19 March 2023. Moving from the virtual world on to the real face-to-face meeting will be a refreshing change for all of us. The focus of SMAW2023 will be **“All around ACL—recent advancements”**.

We are seeing a sea of changes in our approach to how we deal with ACL Injuries. The graft choices have opened up new avenues like Quadricep tendon and Peroneal graft. The understanding of anatomy and biomechanics of ACL has advanced, fixation modalities are getting more robust and less technically challenging with development of variable loop. A more minimalistic and biological approach of “All inside ACL reconstruction” and “Internal bracing” providing belt and braces to reconstruction are some of the new developments in the field that will be discussed threadbare during the meeting.

We have a host of all well-known local and national faculty who will be discussing the nitty-gritty of ACL and then take the delegate through the hands on workshop practising the skills discussed during the conference.

We invite you all to a physical on-site scientific feast with a robust scientific program planned that will leave us all wiser by the end of the day. I promise the day will be well spent.

Wish you all and family a very Happy New Year

Dr. Prateek Kumar Gupta
Organising Chairman
SMAW2023

ARTHROSCOPY
Life is Movement, Movement is Life

PROGRAMME

TIME	TOPICS	FACULTY
8:00 - 8:30	Registration & Breakfast	
8:30 - 9:00	Live Surgery 1	Moderator - Dr. Ravi Mittal, Dr. Vineet Jain
9:00	Welcome Address	
SCIENTIFIC SESSION		
	Session 1 - moderating by Dr. Amite Pankaj	Chair Person - Dr. V.B. Bhasin, Dr. Ravi Mittal
9:00 - 9:10	● ACL is it a rope, two bundles or ribbon-anatomy and biomechanics	Dr. Vineet Jain
9:10 - 9:20	● How does Acl get Injured-Etio-mechanism in Sports	Dr. Vikram Mhaskar
9:20 - 9:35	● How to Pick up ACL injury and decision making	Dr. J. Maheshwari
9:35 - 9:55	Panel Discussion 1 Moderator - Amite Pankaj	Panelist Dr. Vineet Jain, Dr. Vikram Mhaskar, Dr. J. Maheshwari, Dr. V.B. Bhasin, Dr. Ravi Mittal
9:55 - 10:30	Inauguration	
10:30 - 10:45	Tea Break	
	Session 2 - Graft Selection moderating by Dr. Vineet Jain	Chair Person - Dr. J. Maheshwari, Dr Roshan Wade
10:45 - 10:55	● Is Hamstring Still the most popular graft	Dr. Davender Singh
10:55 - 11:05	● Is gold standard now old?-BTB	Dr. Ravi Mittal
11:05 - 11:15	● New kid on the block – CQT	Dr. Ravi Gupta
11:15 - 11:25	● Peroneus is it a walkable option	Dr. Deepak Joshi
11:25 - 11:35	● Graft dimension do they really matter	Dr. (Brig) Amresh Ghai
11:35 - 12:00	Panel Discussion 2 Moderator - Dr. Vineet Jain	Panelist Dr. Devender Jain, Dr. Ravi Mittal, Dr. Ravi Gupta, Dr. Deepak Joshi, Dr (Brig.) Amresh Ghai, Dr. J Maheshwari, Dr Roshan Wade
	Session 3 - Surgical Technique moderating by Dr. Dhananjay Sabat	Chair Person - Dr. Pushpinder Bajaj, Dr IPS Oberoi
12:00 - 12:10	● How to get tibial tunnel right	Dr. Ashis Acharya
12:10 - 12:20	● Eyeball or science of femoral tunnel positioning	Dr. Shekhar Srivastava
12:20 - 12:30	● Trans-tibial approach is it still viable	Dr. V.B. Bhasin
12:30 - 12:40	● What holds the femoral end of the graft best	Dr. Rajeev Raman
12:40 - 12:50	● Tibial fixation is it the weakest link of ACL reconstruction	Dr. Roshan Wade

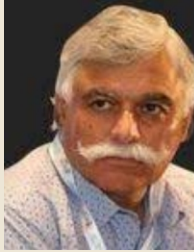
PROGRAMME

TIME	TOPICS	FACULTY
12:50 - 13:15	<p>Panel Discussion 3</p> <p>Moderator- Dr. Dhananjay Sabat</p>	<p>Panelist</p> <p>Dr. Ashis Acharya, Dr. Shekher Srivastav, Dr. V.B. Bhasin, Dr. Rajeev Raman, Dr. Roshan Wade, Dr. Pushpinder Bajaj, Dr. IPS Oberoi</p>
13:15 - 13:45	Lunch	
13:45 - 14:15	Live surgery	
14:15 - 14:25	<p>Session 4 - Recent Advancement moderating by Dr. Vikram Mhaskar</p> <ul style="list-style-type: none"> All inside ACL – Is it here to stay 	<p>Chair Person - Dr. Vinod Kumar, Dr. (Brig.) Amresh Ghai</p>
14:25 - 14:35	<ul style="list-style-type: none"> Double bundle is it fading away 	Dr. Attique Vasudev
14:35 - 14:45	<ul style="list-style-type: none"> To Brace or not to – does it help return to play 	Dr. Deepak Chaudhary
14:45 - 14:55	<ul style="list-style-type: none"> How do I manage on my bad day at ACL reconstruction 	Dr. Amarjeet Singh
14:55 - 15:05	<ul style="list-style-type: none"> ACL repair in acute Knee – A myth or reality 	Dr. Ravi Gupta
15:05 - 15:15	<ul style="list-style-type: none"> Is All a "friend in need" of ACL reconstruction 	Dr. Vinod Kumar
15:15 - 15:25	<ul style="list-style-type: none"> Biologics do they add biology to the ACL graft 	Dr. Rajeev Raman
15:25 - 15:50	<p>Panel Discussion 4</p> <p>Moderator - Dr. Vikram Mhaskar</p>	Dr. Dhananjay Sabat
15:50 - 16:15	Case based Discussion - 2 Cases (10 minutes each)	<p>Panelist</p> <p>Dr. Attique Vasdev, Dr. Deepak Chaoudhary, Dr. Amarjeet Singh, Dr. Ravi Gupta, Dr. Vinod Kumar, Dr. Rajeev Raman, Dr. Dhananjay Sabat, Dr. Vinod Kumar, Dr. (Brig.) Amresh Ghai</p>
16:15 - 16:30	Tea Break	
WORKSHOP		
16:30 - 18:00	<ul style="list-style-type: none"> Clinical examination of ACL and associated structures Hamstring graft preparation -Vet lab ACL reconstruction on saw bone 	<p>Dr. Dhananjay Sabat, Dr. Vineet Jain, Dr. Ashis Acharya</p> <p>Dr. Amarjeet Singh, Dr. Rajeev Raman, Dr. V.B. Bhasin</p> <p>Dr. Ravi Mittal, Dr. Vinod Kumar, Dr. Ravi Gupta, Dr. Vikram Mhaskar, Dr. Rajeev Raman, Dr. Devender Singh, Dr. Attique Vasdev, Dr. Prateek Kumar Gupta</p>
18:00	Valedictory function	

THE FACULTY



Dr. J. Maheshwari
Delhi



Dr. V.B. Bhasin
Delhi



Dr. Deepak Chaudhry
Delhi



Dr. Ravi Gupta
Delhi



Dr. Vinod Kumar
Delhi



Dr. Ravi Mittal
Delhi



Dr. Roshan Wade
Mumbai



Dr. Pushpinder Bajaj
Delhi



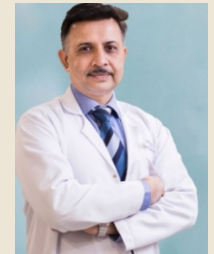
Dr. I.P.S. Oberoi
Delhi



Brig. Amresh Ghai
Delhi



Dr. Deepak Joshi
Delhi



Dr. Shekhar Srivastava
Delhi



Dr. Amite Pankaj
Delhi



Dr. Davinder Singh
Delhi



Dr. Dhananjay Sahat
Delhi



Dr. Vineet Jain
Delhi



Dr. Attique Vasudev
Delhi



Dr. Rajeev Raman
Calcutta



Dr. Amarjeet Singh
Delhi



Dr. Ashis Acharya
Delhi



Dr. Shashank Misra
Delhi



Dr. Vikram Mhaskar
Delhi



Dr. Prateek Kr. Gupta
Delhi

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Dr. Ashis Acharya

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Dr. Dhananjay Sabat
Dr. Amarjit Singh

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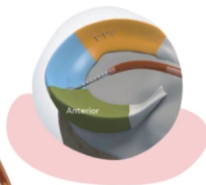
Read more
repair more

Fast-fix flex^o

Meniscal Repair System

Fast-fix flex^o enables all-zone all-inside meniscal repair to treat tears previously not accessible*¹⁻³

Smith+Nephew

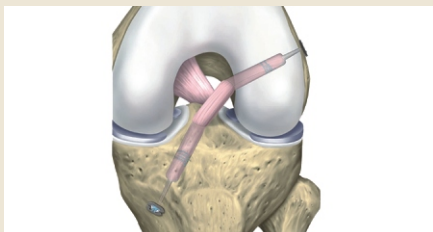


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AGENDA



Primary ACL Repair



All inside ACL reconstruction



Internal Bracing

Register yourself online by clicking
<https://smaw.in/registration>

Please enquire for Zoom Link to attend the scientific session virtually

For further information, please contact

Dr. Prateek K. Gupta

President - Indian Arthroscopy Society (2018-2020)

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M.B.B.S., M.S. (ORTHO)

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Sports Medicine & Arthroscopy Workshop

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