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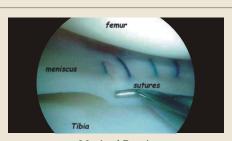
#### AGENDA



PRP: Many different types: Which one works?



HTO: Correct indication & long term result



Meniscal Repair New advance techniques and evidence based result

#### Register yourself online at www.smawdelhi.com

For further information, please contact

### Dr. Prateek K. Gupta

President - Indian Arthroscopy Society M.B.B.S., M.S., M.ch. (Liverpool, UK), F.I.C.S. (USA) D.Orth. (London), F.R.C.S.-Orth. (London)

# Dr. Ashis Acharya M.B.B.S., M.S. (ORTHO)

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Sports Medicine & Arthroscopy Workshop

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# LOWER LIMB SYMPOSIA

# Advance

# KNEE WORKSHOP

Sir Ganga Ram Hospital New Delhi

Sunday 11th March 2018

Knee Preservation Techniques



Organised By

Sports Medicine Unit Department of Orthopaedics

SIR GANGA RAM HOSPITAL

In Association with

Indian Federation of Sports Medicine 8

Indian Arthroscopy Society

ARTHROSCOPY

14TH SPORTS MEDICINE AND ARTHROSCOPY WORKSHOP

S/NAW2018



Dear Friends

e at Sir Ganga Ram Hospital New Delhi, once again invite you to the 14th Sports Medicine and Arthroscopy Workshop (SMAW2018) on 11th March 2018 (Sunday).

The focus of the meeting is on knee preservation to restore the natural elements and maintains them. Hence, chondroprotective agents, cartilage restoring procedures along with meniscal preservation/transplant, high tibial osteotomy and such procedures will be discussed threadbare with national and international faculties.

Once again I extend my invitation to you, to join the upcoming workshop. Looking forward to meeting you in March.

Wishing you
a very Happy New Year

Dr. Prateek K. Gupta Organising Chairman SMAW2018

ARTHROSCOPY
Life is Movement, Movement is Life

### PROGRAMME

### SCIENTIFIC SESSION

#### **SESSION 1**

# **Chemical Agents**

- Chondroprotective Agents: Do they have any role?
- Visco Supplement: How effective is it?
- Platelet Rich Plasma: Has it stood test of time?
- Ozone Therapy: Principles and actual facts

#### SESSION 2

## Arthroscopy

- Micro Fracture Technique
- Meniscal Repair / Transplants
- OATS
- ACI

#### SESSION 3

### Realignment Procedures

- HTO
- Close Wedge / Open Wedge
- Dome Osteotomy
- Tibial Tubercle Osteotomy for Patello Femoral Pain

### WORKSHOP SESSION

### Meniscal Repair

- All Inside 3rd generation implants
- Inside out, outside in techniques
- Do inside out techniques still holds viability

#### OATS

- Assessment of parent lesion
- Mapping of recipient site
- Graft harvest from parent bone
- Delivery to the recipient site **HTO**
- Feasibility of Osteotomy
- Open Wedge Tomo Fix Osteotomy
- Close Wedge Osteotomy

#### 14TH SPORTS MEDICINE AND ARTHROSCOPY WORKSHOP

#### REGISTRATION FORM

Please write in CAPITAL letters only (Photocopy of this form can also be used for registration)

Name		
DesignationQualification		
Institution		
Address		
TelMobile	Email	
Previous exposure to Arthroscopy	Nil / Basic / Advance	
Was your initial exposure supervised	Yes / No	
Registration Fee T	ill 15th Feb 2018	After 15th Feb 2018
1. Delegates Fee for Conference	Rs. 2,000	Rs. 2,500
2. Postgraduate Delegates Fee for Conference	Rs. 1,500	Rs. 2,000
I am enclosing a Cheque / Draft No		
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Cheques/Drafts may please be drawn at Delhi in favour of <b>Sports Medicine and Arthroscopy Workshop</b> (No outstation cheques will be entertained, please)		
Duly completed form with cheque / draft to be sent by Courier only to:		
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S/NAW/2018