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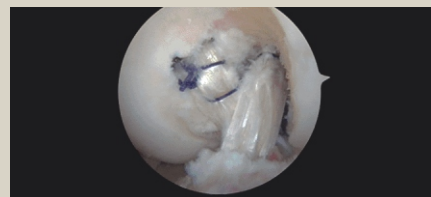
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## AGENDA



Approach to acute single/multi-ligament injury  
*Acute ligament injury- get them moving*



Trantibial v/s transportal tibial tunnel  
Single/double bundle ligament reconstruction  
*Current techniques in Ligament reconstructions*



Acute patella dislocation  
Approach to patella instability  
*MPFL- not to be ignored*

Register yourself online at [www.smawdelhi.com](http://www.smawdelhi.com)

*For further information, please contact*

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**Sports Medicine & Arthroscopy Workshop**

**A+ ORTHOPAEDIC AND SPORTS MED  
CLINIC**

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LOWER LIMB  
SYMPOSIA

# Advance

KNEE WORKSHOP

Sir Ganga Ram Hospital  
New Delhi

9th March 2014

Best approach to  
multi-ligamentous injury of the knee



**SMW 2014**

Organised By

**Sports Medicine Unit**  
Department of Orthopaedics

**SIR GANGA RAM HOSPITAL**

In Association with  
Indian Federation of Sports Medicine  
&  
Indian Arthroscopy Society

**ARTHROSCOPY**  
an integral part of Sports Medicine and Orthopaedics

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Tel: 011 45126727, Fax: +91 11 2794034 | Email: [info@surgicalsystems.in](mailto:info@surgicalsystems.in)

**ERBE** **BIOMET** **SMITH & NEPHEW**

**ARTHROSCOPY**  
TELESCOPIC SURGERY

10th Sports Medicine & Arthroscopy Workshop

need  
new image



Dear Colleagues

It gives me great pleasure to welcome you to 10th edition of SMAW 2014 to be held on 9th March 2014 at Sir Ganga Ram Hospital New Delhi. The past 9 editions of the workshop from 2005-2013 have been very well attended.

Ligament & Multi-ligament injury in the knee is a common problem of a patient visiting our clinic. These injuries may present in various combination, which some times prove to be a clinical dilemma that we all face. Keeping that in mind this time the subject for the conference & workshop has been chosen “Best approach to ligamentous injuries of the knee”.

The scientific programme will have focused to the point talk on all aspects of ligament injuries of knee aimed to leave a clear understanding of management and logical algorithm in management of multi-ligament injury.

A full session is dedicated on MPFL injury, its assessment, radiological & clinical management algorithm in patellar instability and various techniques in MPFL reconstruction. A specially designed hands on workshop on knee models-saw bone is arranged to give the delegates first hand experience in MPFL reconstruction also they will have time to practice ACL, PCL reconstruction.

The whole scientific programme is so structured to allow plenty of discussion, clarification and one to one interaction between delegates & eminent national & international faculty.

The one day symposia is packed with information, thread bear discussion and hands on skill development to leave us all with clear thinking and a defined approach to ligament injury.

WISHING YOU A MERRY CHRISTMAS  
AND HAPPY NEW YEAR 2014

Dr. Prateek K. Gupta, Organizing Chairman

ARTHROSCOPY  
*Life is Movement, Movement is Life*

PROGRAMME

SCIENTIFIC SESSION

ACL Session

- Acute ACL where are we?
- Combined ACL/ MCL injury Management
- Avulsion of ACL- Management options
- Pediatric ACL injury- How to manage?
- ACL+PLC injury

PCL Session

- Isolated PCL tear-Is there a role of conservative Management?
- Isolated avulsion injury of PCL
- PCL & PLC injury management
- Isolated MCL injury-when to operate?

MPFL Session

- Management of acute first time patellar dislocation
- MPFL tear- management
- Instability of Patella-How do we address it?
- Imaging of ligament injury of knee
- Management of the dislocated Knee

Panel Discussion

- Expert national & international Faculty

Live Surgeries | 3-4

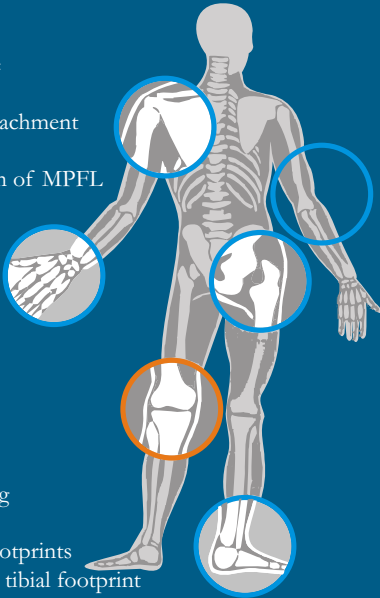
WORKSHOP SESSION

MPFL

- Various techniques available
- Implants that can be used
- Identification of patellar attachment
- Isometric point on femur
- Radiological approach -Plain of MPFL
- Tension judgment
- Various fixation methods
- Graft options

PCL

- Graft options
- Tibial tunnel guide
- Single/double bundle
- Onlay/Transtibial
- How to reduce killer curve
- Inside out/outside in drilling
- Various fixation methods
- Identification of femoral footprints
- PM portal/identification of tibial footprint



Please write in CAPITAL letters only  
(Photocopy of this form can also be used for registration)

Name .....

Designation ..... Qualification .....

Institution .....

Address .....

.....

Tel ..... Mobile ..... Email .....

Previous exposure to Arthroscopy Nil / Basic / Advance

Was your initial exposure supervised Yes / No

Registration Fee Till 15th Feb 2014 After 15th Feb 2014

Conference Rs. 1000 Rs. 1200

Conference (For Postgraduates) Rs. 800 Rs. 1000

Conference with Workshop Rs. 1200 Rs. 1500

Conference with Workshop Rs. 1000 Rs. 1200  
(For Postgraduates) / For Postgraduates: Letter from HOD required

I am enclosing a Cheque / Draft No.....

for Rs. .... dated .....

drawn on ..... (name of bank)

On spot registration for the Workshop will not be considered. Workshop has 80 limited seats on first-come-first-serve basis in order to maintain standard and ensure one-to-one interaction with the delegates.

Cheques/Drafts may please be drawn at Delhi in favour of **Sports Medicine and Arthroscopy Workshop** (No outstation cheques will be entertained, please)

Duly completed form with one Photograph (for workshop) and cheque / draft to be sent by Courier only to:

Dr. Prateek K. Gupta  
Organizing Chairman  
Sports Medicine & Arthroscopy Workshop

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BOOK POST

**ARTHROSCOPY**  
*Life is Movement, Movement is Life*