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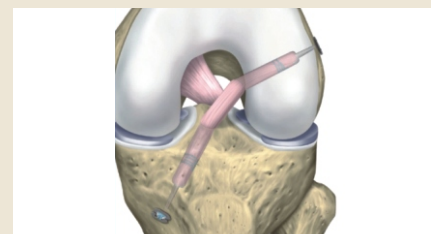
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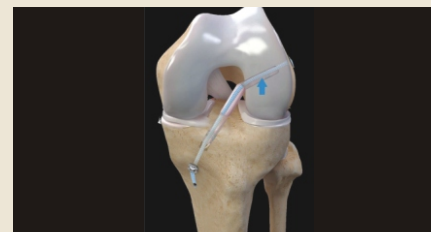
AGENDA



Primary ACL Repair



All inside ACL reconstruction



Internal Bracing

Register yourself online by clicking
<https://smawdelhi.com/registration.htm>

Please enquire for Zoom Link to attend the scientific session virtually

For further information, please contact

Dr. Prateek K. Gupta
President - Indian Arthroscopy Society (2018-2020)
M.B.B.S., M.S., M.ch. (Liverpool, UK), F.I.C.S. (USA)
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Sports Medicine & Arthroscopy Workshop
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ARTHROSCOPY
Life is Movement, Movement is Life

19th Sports Medicine & Arthroscopy Workshop



LOWER LIMB
SYMPOSIA

Basic

KNEE WORKSHOP

Sir Ganga Ram Hospital
New Delhi

Sunday, 19th March 2023

All Round ACL-Recent Advancement



SMAW2023

Organised By

SS Foundation

with

Sports Medicine Unit

Department of Orthopaedics

SIR GANGA RAM HOSPITAL

In Association with

Delhi Orthopaedic Association

Indian Federation of Sports Medicine

&

Indian Arthroscopy Society

ARTHROSCOPY



Dear Friends

We at Sir Ganga Ram Hospital invite you all to **On-site 19th Sports Medicine and Arthroscopy Workshop** on Sunday, 19 March 2023. Moving from the virtual world on to the real face-to-face meeting will be a refreshing change for all of us. The focus of SMAW2023 will be **“All around ACL—recent advancements”**.

We are seeing a sea of changes in our approach to how we deal with ACL Injuries. The graft choices have opened up new avenues like Quadricep tendon and Peroneal graft. The understanding of anatomy and biomechanics of ACL has advanced, fixation modalities are getting more robust and less technically challenging with development of variable loop. A more minimalistic and biological approach of “All inside ACL reconstruction” and “Internal bracing” providing belt and braces to reconstruction are some of the new developments in the field that will be discussed threadbare during the meeting.

We have a host of all well-known local and national faculty who will be discussing the nitty-gritty of ACL and then take the delegate through the hands on workshop practising the skills discussed during the conference.

We invite you all to a physical on-site scientific feast with a robust scientific program planned that will leave us all wiser by the end of the day. I promise the day will be well spent.

Wish you all and family a very Happy New Year

Dr. Prateek Kumar Gupta
Organising Chairman
SMAW2023

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PROGRAMME

SCIENTIFIC SESSION

Scientific Deliberations

- Primary ACL repair – Myth or reality?
- All inside repair – Has it stood the test of time?
- Variable loop - Is it as good as fixed loop?
- ACL - Is it a rope or ribbon or double bundle?
- Internal bracing - Is it a method of choice?
- ACL Reconstruction in varus knee
- Biologics in ACL Reconstruction

Video Technique Session

- New kid on the block – CQT (Central Quadricep Tendon)
- Is the gold standard now old? – BTB
- A walkable option – Peroneus graft
- Fixation techniques of various grafts

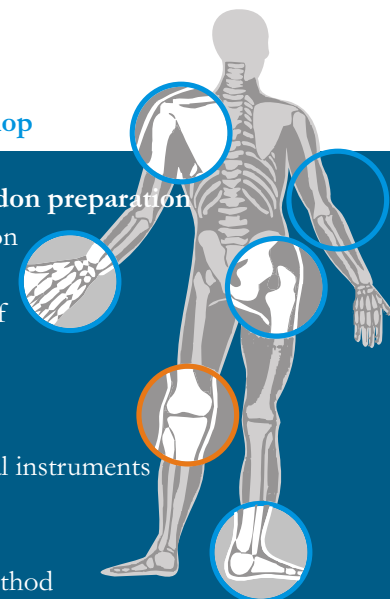
Panel Discussion

Case based Discussion

Live Surgeries

Hands-On Workshop

- **A - Hamstring tendon preparation**
 - Cleaning of tendon
 - Baseball stitching
 - Strength testing of stitch
- **B - Saw bone ACL Reconstruction**
 - ACLR using actual instruments
 - Fixed loop
 - Variable loop
 - Other fixation method
- **C - Clinical exam of knee with ACL tear**
 - All tests discussed and practiced threadbare



REGISTRATION FORM

Please write in CAPITAL letters only
(Photocopy of this form can also be used for registration)

Name

Designation Qualification

Institution

Address

.....

Tel Mobile Email

Registration Fee Till 15th Feb 2023 After 15th Feb 2023

1. Delegates Fee Rs. 1,500 Rs. 2,000

2. Postgraduate Delegates Fee Rs. 1,000 Rs. 1,500

I am enclosing a Cheque / Draft No.....

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drawn on (name of bank)

Cheques/Drafts may please be drawn at Delhi in favour of **Shashi Subodh Foundation** (No outstation cheques will be entertained, please)

Duly completed form with cheque / draft to be sent by Courier only to:

Dr. Prateek K. Gupta
Organising Chairman

Sports Medicine & Arthroscopy Workshop

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Dr. Prateek K. Gupta
Sports Medicine & Arthroscopy Workshop



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BOOK POST

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