

PROGRAMME

SCIENTIFIC SESSION

Scientific Deliberations

- Primary ACL repair – Myth or reality?
- All inside repair – Has it stood the test of time?
- Variable loop - Is it as good as fixed loop?
- ACL - Is it a rope or ribbon or double bundle?
- Internal bracing - Is it a method of choice?
- ACL Reconstruction in varus knee
- Biologics in ACL Reconstruction

Video Technique Session

- New kid on the block – CQT (Central Quadricep Tendon)
- Is the gold standard now old? – BTB
- A walkable option – Peroneus graft
- Fixation techniques of various grafts

Panel Discussion

Case based Discussion

Live Surgeries

Hands-On Workshop

- **A - Hamstring tendon preparation**
 - Cleaning of tendon
 - Baseball stitching
 - Strength testing of stitch
- **B - Saw bone ACL Reconstruction**
 - ACLR using actual instruments
 - Fixed loop
 - Variable loop
 - Other fixation method
- **C - Clinical exam of knee with ACL tear**
 - All tests discussed and practiced threadbare

