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ARTHROSCOPY
TELESCOPIC SURGERY

AGENDA

Meniscus Suturing Technique

Different types of stitch and their strength
Stitch material and basic instrument

Save the Meniscus

Meniscus tear - all inside

Different fixation options
Pull out strength of various implants

Secure Meniscal Repair

ACL

Transstibial vs Anatomical ACL Reconstruction
Correct femoral foot print
Is there a need for double bundle

Which technique works best

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Sports Medicine & Arthroscopy Workshop

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CLINIC**

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**LOWER LIMB
SYMPOSIA**

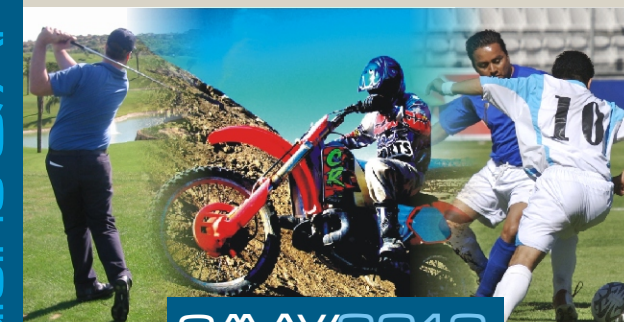
Advance

**KNEE WORKSHOP
CME POINTS APPLIED**

Sir Ganga Ram Hospital
New Delhi

3rd | 4th March 2012

**Best practices in ACL reconstruction
and Meniscal preservation**



SMAW 2012

Organised By

**Sports Medicine Unit
Department of Orthopaedics**

SIR GANGA RAM HOSPITAL

In Association with

**Indian Federation of Sports Medicine
&**

Indian Arthroscopy Society

ARTHROSCOPY
an integral part of Sports Medicine and Orthopaedics

8th Sports Medicine & Arthroscopy Workshop



Dear Colleagues

It gives me great pleasure to welcome you to the 8th edition of SMAW 2012 to be held on 3rd & 4th March 2012 at Sir Ganga Ram Hospital, New Delhi.

The Workshop has been well attended in its previous 7 editions from 2005 to 2011. The chosen subjects and workshops have been well appreciated by medical fraternity due to the clarity achieved on the subject by the end of each workshop.

Encouraged by the previous response this time we are focusing on the two most common pathologies of the knee - ACL Reconstruction & Meniscal Tear.

To bring out the best practice at the time of ACL Reconstruction and decision making for a torn-meniscus, we have invited eminent and experienced national & international faculty to discuss the subject thread bear with the enthusiastic delegates.

The scientific session is structured such that the whole process is more interactive, encouraging maximum discussion.

The exclusive hands on workshop on silicon knee models will allow the delegates to use all types of meniscal repair technique using the actual meniscal repair instrument. The vet ACL workshop gives near reality experience of hamstring graft technique using bovine tendons.

The two day symposia is aimed to leave everybody crystal clarity of thinking when approaching any ACL or meniscus injury. We look forward to your participation and brainstorming discussion in this sports medicine symposia.

*Wishing you a Merry Christmas
and Happy New Year 2012*

Dr. Prateek K. Gupta, Organizing Secretary

ARTHROSCOPY
Life is Movement, Movement is Life

PROGRAMME

SCIENTIFIC SESSION

ACL Session

- Decision making after acute ACL injury
- Ideal timing for ACL Reconstruction
- Is there an ideal graft choices
- Strength of various fixation devices
- Role of immobilization after ACL

Meniscus Session

- Types of meniscal tear & their repair
- Inside- out repair technique
- Outside- in repair technique
- All inside repair technique
- Result of Meniscal repair
- Options after meniscectomy

Panel discussion with expert national & international faculty

Live surgeries | 4-5

WORKSHOP SESSION

Meniscal Workshop | All-inside technique

- Various implants available
- Correct approach to the meniscal tear
- Mattress v/s single stitch
- Unisurface v/s both surface stitch

Meniscal Workshop | Inside-out technique

- Different angle double lumen tubes
- Ideal distance b/w the stitches
- Strength of different types of stitches
- Does trifining have any role

Knee Workshop | Outside-in

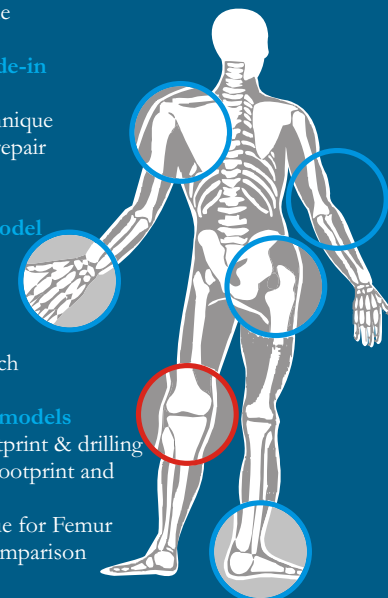
- Position of tear
- Trochar & dental wire technique
- Ideal suture for meniscus repair
- Types of knots

Knee Workshop | Vet Model

- Graft of bovine origin
- Preparation of the graft
- Whipstich technique
- Other stitching technique
- Strength testing of the stitch

ACL Fixation | On saw models

- Identification of tibial footprint & drilling
- Identification of femoral footprint and approach
- Different fixation technique for Femur
- Aperture /post fixation comparison



REGISTRATION FORM

Please write in CAPITAL letters only
(Photocopy of this form can also be used for registration)

Name

Designation

Qualification

Institution

Address

.....

Email

Tel..... Mobile

Previous exposure to Arthroscopy Nil / Basic / Advance

Was your initial exposure supervised Yes / No

Registration Fee	Till 15th Feb' 2011	After 15th Feb' 2011
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Conference	Rs. 600.00	Rs. 800.00
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Conference (For Postgraduates)	Rs. 600.00	Rs. 800.00
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Conference with Workshop	Rs. 1000.00	Rs. 1500.00
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Conference with Workshop (For Postgraduates)	Rs. 800.00	Rs. 1000.00
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For Postgraduates: Letter from HOD required

I am enclosing a Cheque / Draft No

for Rs. dated

drawn on (name of bank)

On the spot registration for the Workshop will not be considered. Workshop has 60 limited seats on first-come-first-serve basis in order to maintain standard and ensure one-to-one interaction for the delegates.

Cheques/Drafts may please be drawn at Delhi in favour of "Sports Medicine and Arthroscopy Workshop" (No outstation cheques will be entertained, please)

Duly completed form with one Photograph (for workshop) and cheque / draft to be sent by Courier only to:

Dr. Prateek K. Gupta

Organizing Secretary

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BOOK POST

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